



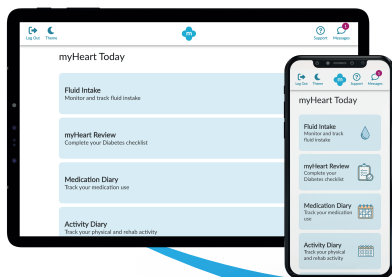
myHeart

Helping you to manage
your heart conditions
for a lifetime.

A powerful app,
designed by experts for patients.

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- ✓ Improve your knowledge
 - ✓ Complete a heart exercise course
 - ✓ Improve your heart health
 - ✓ Manage your risk factors
 - ✓ Store your ECG and blood tests
 - ✓ And much more!
-

Your clinician thinks
myHeart
will help you manage
your condition.



Get started

@ Click the activation link in the email sent by your clinical team.



You can use the app on your smartphone, tablet or computer.



To get the best experience download the app on to a mobile device.

Entering data and using the myHeart app
WILL NOT alert your GP practice, hospital or
community team to an issue if you are feeling unwell.



Notes: